

# Beautician, Hairdressing & Salon/Spa Management

Level 1, 2, 3, 4, 5, 6

# Foundation Beauty Therapy - VTCT VRQ Level 1

This course is designed to give you a good foundation in beauty therapy so that you can go on to a Level 2 course or work as an assistant or receptionist in a beauty salon. It covers health and safety, facial treatments, manicures and assisting in the salon. You will also study functional skills in English and maths.

#### Key course features

Qualification: VTCT VRQ Level 1

Level: Level 1
Credits: 30.

#### Who is this course for?

Young people who want an introduction to beauty therapy.

#### About the course

You will learn through a variety of activities in the class and also through work experience in the college salons. You will study subjects such as:

- Introduction to the hair and beauty sector 7.5 Credits
- Facial treatments and skin care 7.5 Credits
- Basic manicure and pedicure 7.5Credits
- Presenting a professional image in a salon. 7.5Credits

You will also study functional skills in English and maths. You will have a personal tutor to guide and support you through the course. A weekly tutorial allows you and your tutor to develop individual learning plans that will assist in learning and in developing responsibility for your own learning.

# Additional opportunities

There will be opportunities to join other groups of hair and beauty students on educational visits and in-house professional training, and there will be competition work. These activities may incur extra costs.

## How will I be assessed?

You will be assessed through practical assessments and by building a portfolio of work throughout the year. Regular reports on progress are provided to parents/guardians of students aged under 19 years.

The programme is unit based and is delivered individually at different stages throughout the course. You will be assessed when you feel you are competent. There are three areas of assessment:

- Practical: you carry out the skill
- Oral: you answer questions on your underpinning knowledge of the skill
- Written: a portfolio of evidence or a written test or an assignment, depending on the unit.

#### Where next?

Level 2 Beauty Therapy or work as an assistant or receptionist in a beauty salon.

# Beauty Therapy - VTCT Level 2 Diploma

This course covers full professional face and skin care treatment, facials, makeup, manicure and pedicure, anatomy and physiology and depilatory waxing of facial and body hair, lash and brow tinting, eyebrow shaping and lash perming. You will take part in salon administration and reception duties.

### Key course features

Qualification: VTCT (VRQ) Level 2 Diploma

Level: Level 2
Credits: 60

#### Who is this course for?

Students who want a career in beauty therapy, including young people already employed in the industry and those with no previous experience.

#### About the course

You will learn through theory and practical classes (including practising all treatments on fellow students prior to working on clients), projects, role plays, case studies, work experience, competitions, and reception duties. The clients visiting our working salons require a wide range of treatments, and you will perform all portfolio evidence assessments on external clients.

You will study units such as:

- Facials 5 Credits
- Makeup 5 Credits
- Manicure and pedicure 5 Credits
- Essential knowledge: anatomy and physiology 5 Credits
- Depilatory waxing 5 Credits
- Lash and brow tinting, eyebrow shaping, and lash perming 5 Credits
- Tanning 5 Credits
- Stock display 5 Credits
- Reception 5 Credits
- Salon administration 5 Credits
- Functional skills and skills development 5 Credits
- Employability skills. 5 Credits

In each unit you will perform practical skills, submit course work tasks and sit tests. To gain employment in all skills and to graduate to Level 3 the full award is necessary.

#### Additional opportunities

Visiting lecturers provide additional input to the course, and you may have opportunities to visit a major health and beauty exhibition

#### How will I be assessed?

Assessment is continuous, consisting of practical assessment, oral questions, written tests and homework. You will provide evidence to show you have reached a level of competence. All assessment will be in agreement with candidate and assessor, and all deadlines must be met. Written assessment papers will provide further evidence of your knowledge and understanding of the subject. You will collate all evidence in a portfolio consisting of:

- Performance evidence: This would take place in the practical class or workplace.
- Oral questioning: The questions must relate to the practical performance.
- Written questions: As with the oral questioning, written questions will form part of the supplementary evidence.
- Working diary: This will show the range of treatments you have performed.

#### Where next?

VTCT Level 3 Diploma in Beauty Therapy Treatments to become a fully qualified beauty therapist. Progression to Level 3 is via interview and selection based on your attendance, punctuality and performance.

# Beauty Therapy - VTCT Level 3 Intensive Diploma

This advanced course covers the practical and theoretical aspects of beauty therapy, including anatomy and phsiology, electrical facial and body treatments, indian head massage, body massage, hot stones massage and microdermabrasion. You will also learn about salon management and administration and health and safety.

## Key course features

Qualification: VTCT (VRQ) Level 3 Diploma

Level: 3

Credits: 90 credits

#### Who is this course for?

Those aged 16+ employed in the beauty industry as an apprentice or 18+ as a fulltime employee who hold an NVQ Level 2 or equivalent work experience, or students progressing from Level 2 who have achieved a high standard and have an excellent punctuality and attendance record.

## About the course

You will learn through theory and practical classes, assignments, role plays, case studies, work experience, competitions, and reception duties. You will practise all treatments on students in the class prior to working on clients. The clients who visit our salons require a wide range of treatments and will provide you with the opportunity to demonstrate your practical skills, as all portfolio evidence and assessments must be performed on external paying clients.

You will study units such as:

- Electrical facial treatments 10 Credits
- Electrical body treatments 10 Credits
- Indian head massage 10 Credits
- Hot stones massage 5 Credits
- Body massage 5 Credits
- Microdermabrasion for face and body 10 Credits

- Salon management/administration and health and safety 10 Credits
- Retail 10 Credits
- Essential knowledge anatomy and physiology 10 Credits
- Key skills and skills development. 10 Credits

For each unit you will perform practical skills, submit course work and sit end of unit tests.

#### Additional opportunities

You may have the opportunity to visit a major health and beauty exhibition and to take part in competitions.

#### How will I be assessed?

Assessment is continuous and consists of practical assessment, oral questions and written tests/homework. You will provide evidence to determine whether you have reached a level of competence. Written assessment papers will provide further evidence of your knowledge and understanding of the subject. The collation of the assessments will be contained in a portfolio which will contain all document feedback sheets, written assessment/projects/assignments.

You will collate all evidence in a portfolio, consisting of:

- 1. Performance evidence: This takes place in the practical class or workplace.
- 2. Oral questioning: The questions must relate to the practical performance.
- 3. Written questions: Written questions will form part of the supplementary evidence.
- 4. Working diary: Showing the range of treatments you have performed.

# VTCT Level 4 Diploma in Salon Management (Hair & Beauty Therapy)

The Level 4 Diploma in Salon Management is a logical step towards a managerial position within the industry or progression to further study.

## Key course features

Qualification: VTCT (VRQ) Level 4 Diploma

Level: 4

Credits: 120 credits

Students will study following mandatory units:

- Management of Health, Safety and Security in the salon 25 Credits
- Salon management 25 Credits
- Sales management in the hair and beauty sector 10 Credits
- Quality management of Client Care in the hair and beauty sector 25 Credits
- Public relations in the hair and beauty sector 25 Credits
- Hair colour correction 5 Credits
- Apply individual lashes 5 Credits

## **Entry Requirements**

Applicants 18 years of age at enrolment must have GCSE grade C or equivalent. All applicants must hold a recognised full Level 3 qualification in hairdressing or beauty therapy or equivalent work experience. Excellent reference from tutor or employer is also required. All applicants will need home access to the Internet and satisfactory IT skills. Must be in a salon which will support you in a Trainee Management role.

## **Duration and Delivery**

The Diploma is a one year course and lectures will take place one day a week (Monday) and one evening (Tuesday).

# **Progression**

Students who pass the Level 4 Diploma will be in a position to move into paid employment, accept additional responsibilities within a salon, aspire to promotion or use this as a platform for continued higher education studies.

# **Beauty Therapy & Spa Management Level 5 Foundation Degree**

Key course features

Qualification: Level 5 Diploma

Level: 5

Credits: 120 credits

#### Is this course for me?

If you want to part of the global spa and wellbeing industry and develop obtain advanced therapeutic skills and knowledge then this higher level course is for you. This higher education academically focused course will develop your managerial skills and prepare you for local, national and international employment.

What will I study?

The course aims to equip students with the relevant skills and knowledge to manage a spa, salon, health club or other related companies.

What's the length of the course?

Flexible, but may take up to one year.

How will I be assessed?

Students will be assessed through a combination of written assignments/reports, portfolios, presentations, practical assessment and test papers.

### What qualifications do I need?

An NVQ Level 3, One A Level, Edexcel Extended Diploma or equivalent. If you have got vocational qualifications or lots of experience, you may also be considered for the course. Plus a successful interview by a member of the HE team

#### What can I progress on to?

There is an option to progress to a Bachelor Degree with University subject to the latter's recognition of prior learning process.

#### Other important information

You will be expected to be in appropriate employment within the spa industry during the length of the course. You will require an Image Centre uniform. You may be required to pay for additional specialist workshops and seminars.

## About the Course

- Customer Service Health, Safety and Security 10 Credits
- Human Physiology 10 Credits
- Chemistry of Products 10 Credits
- Beauty Therapy Practice 10 Credits
- Beauty Therapy Management 10 Credits
- Management of Epilation and Depilation 10 Credits
- Diet and Nutrition 10 Credits
- The Science of Electrotherapy 10 Credits
- Remedial Massage and Hydrotherapy 10 Credits
- Aromatherapy Physiology of Ageing 10 Credits
- Spa Management 10 Credits
- Kinetics 10 Credits

# Beauty Therapy & Salon Management

# Level 6

This course provides an excellent grounding in the field of Beauty Therapy and allows the candidate to develop the skills required to progress to further study or obtain employment in the Beauty Industry at basic level.

## Key course features

Qualification: Level 6 Diploma

Level: 6

# Course content

- Nail Finishes 5 Credits
- Facial Techniques 5 Credits
- Facial Treatment Packages 5 Credits
- Creative Current Make-up Trends 5 Credits
- Eye Enhancements 5 Credits
- Day Make-up and Basic Corrective Make-up 5 Credits
- Back, Neck and Shoulder Massage 5 Credits
- Reception Duties and Skills 5 Credits
- Nail Art 5 Credits
- Artificial Nail Enhancements 5 Credits
- Face Painting 5 Credits
- Pedicure 5 Credits
- Law for Business and Services Industries 10 Credits
- Management of Facial Therapies and Treatments for Nails, Hands and Feet 10 Credits
- Profiling Fitness 10 Credits
- People Management 10 Credits
- Management Accounting for the Business and Service Industries 10 Credits
- Training and Development 10 Credits

# **Entry requirements**

- Candidates must have a mature attitude, excellent personal presentation
- Genuine interest in a career in the beauty industry and a very positive attitude to customer care
  and a commitment to study
- This course is geared to applicants who have been out of education for a number of years
- Experience in the service industry would be advantageous

# **Progression routes**

- HND Beauty Therapy (Year 1) or equivalent
- VTCT Diploma course in a range of Complementary Therapies